

Self esteem affirmations

1. I am confident in myself
2. I can do anything
3. I am very proud of myself
4. My self esteem is very high
5. I am worth being alive
6. I have eternal confidence in myself
7. My self esteem is infinite
8. I am limitless in my abilities
9. I attain everything I want
10. My self esteem increases every day
11. I accept myself wholly
12. I accept every aspect of myself
13. I cherish what I say
14. I cherish what I do
15. I cherish what I believe
16. I love myself wholly
17. I believe in myself
18. I know who I am
19. I know my abilities
20. I speak positively of myself
21. I think positive thoughts of myself#
22. I listen to my dreams
23. I follow my dreams
24. I attain my dreams
25. I am happy attaining my dreams
26. It is now ok to have excellent self esteem
27. It is now ok to love myself